

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|-------------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Gertje, Tanja | Westerscheps | 36.6 | 28.8 | 22.4 | 22.3 | |
| 2 | Hobbensiefken, Jennifer | Westerscheps | 31.5 | 28.3 | 16.9 | 15.6 | |
| 3 | Bolles, Irene | Leuchtenburg | 30.6 | 29.7 | 29.7 | 24.3 | |
| 4 | Zimmermann, Maike | Westerscheps | 29.5 | 21.8 | 21.5 | 20.3 | |
| 5 | Oltmer, Kirsten | Holtange | 29.0 | 28.5 | 16.7 | 15.9 | |
| 6 | Eilers, Sonja | Specken | 26.8 | 25.9 | 19.2 | 4.7 | |
| 7 | Sandstede, Sandra | Westerscheps | 20.1 | 14.1 | 12.7 | 12.3 | |
| 8 | Schröder, Dominique | Specken | 18.7 | 18.5 | 18.5 | 1.7 | |
| 9 | Süsens, Monika | Specken | 16.7 | 10.8 | 6.1 | 5.3 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|------------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Hobbensiefken, Carsten | Westerscheps | 59.0 | 58.5 | 51.5 | 49.9 | |
| 2 | Cordes, Tim | Haarenstroth | 55.5 | 53.3 | 52.8 | 50.6 | |
| 3 | Deeken, Mark | Westerscheps | 37.7 | 37.0 | 36.4 | 34.9 | |
| 4 | Greilich, Christoph | Torsholt | 35.3 | 34.8 | 26.1 | 4.0 | |
| 5 | Fittje, Jörg | Westerscheps | 33.4 | 30.4 | 29.6 | 25.4 | |
| 6 | Burrichter, Torsten | Howiek | 22.9 | 22.1 | 21.9 | 10.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Hobbensiefken, Andre | Westerscheps | 54.7 | 53.1 | 51.8 | 51.3 | |
| 2 | Menke, Jürgen | Leuchtenburg | 39.1 | 37.5 | 34.1 | 31.8 | |
| 3 | Reil, Michael | Hollwege | 36.8 | 33.8 | 33.0 | 31.6 | |
| 4 | Eilers, Andreas | Specken | 35.9 | 35.9 | 33.4 | 31.1 | |
| 5 | Sommer, Holger | Torsholt | 34.8 | 24.3 | 18.7 | 2.2 | |
| 6 | Wemken, Jan-Gerd | Leuchtenburg | 34.4 | 30.7 | 24.5 | 19.1 | |
| 7 | Heibült, Fredo | Hollwege | 32.6 | 32.3 | 31.9 | 26.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Loye zur, Jan-Konrad | Langebrügge | 31.0 | 29.5 | 29.0 | 26.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|-----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Frahmann, Otto | Benthullen | 47.5 | 46.3 | 45.1 | 43.5 | |
| 2 | Hobbensiefken, Walter | Westerscheps | 31.3 | 0.0 | 0.0 | 0.0 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Harbers, Marvin | Hollwege | 48.1 | 47.0 | 46.9 | 34.9 | |
| 2 | Klockgether, Malte | Hollwege | 47.5 | 46.4 | 42.8 | 37.6 | |
| 3 | Freseman, Lukas | Torsholt | 40.3 | 39.9 | 37.9 | 34.9 | |
| 4 | Loye zur, Frank | Langebrügge | 25.8 | 25.3 | 24.8 | 17.9 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Eilers, Tom | Specken | 31.8 | 31.3 | 30.1 | 20.6 | |
| 2 | Boekhoff, Christian | Stapel | 30.0 | 27.2 | 23.8 | 18.0 | |
| 3 | Janssen, Jary | Stapel | 28.7 | 27.6 | 27.1 | 25.1 | |
| 4 | Wagner, Florian | Godensholt | 28.3 | 27.4 | 26.7 | 14.7 | |
| 5 | Fresemann, Kai | Torsholt | 28.0 | 21.0 | 19.5 | 16.6 | |
| 6 | Fittje, Tore | Westerscheps | 27.3 | 27.0 | 26.9 | 25.6 | |
| 7 | Fittje, Theis | Westerscheps | 15.3 | 14.9 | 11.6 | 1.9 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Bruns, Thimo | Leuchtenburg | 29.0 | 27.2 | 24.1 | 22.9 | |
| 2 | Tetzlaff, Marvin | Hollwege | 28.2 | 25.8 | 23.6 | 21.2 | |
| 3 | Sommer, Daniel | Torsholt | 26.9 | 26.7 | 22.5 | 20.0 | |
| 4 | Oetken, Tjard | Westerscheps | 25.6 | 24.5 | 24.0 | 13.6 | |
| 5 | Bruns, Hakon | Holtange | 21.7 | 21.0 | 13.1 | 9.0 | |
| 6 | Rabben, Fynn-Ole | Hollwege | 20.3 | 20.3 | 18.3 | 12.2 | |
| 7 | Henkensiefken, Jonas | Holtange | 19.6 | 18.1 | 18.0 | 16.6 | |
| 8 | Henkensiefken, Kevin | Holtange | 19.6 | 13.5 | 13.2 | 10.2 | |
| 9 | Luers, Georg | Roggenmoor | 17.0 | 16.7 | 14.5 | 12.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|--------------------|------------|------------|------------|------------|---------------|
| 1 | Specht, Keven | Hollwege | 28.3 | 27.7 | 25.3 | 17.5 | |
| 2 | Leffers, Gerrit | Hollwege | 24.3 | 24.3 | 21.7 | 16.1 | |
| 3 | Poplawski, Tjard | Moorburg-Hollriede | 22.1 | 21.9 | 20.3 | 12.4 | |
| 4 | Erhardt, Moritz | Holtange | 20.2 | 19.2 | 18.7 | 14.7 | |
| 5 | Pattberg, Joost | Torsholt | 19.4 | 17.6 | 17.3 | 17.2 | |
| 6 | Böhlje, Hanno | Moorburg-Hollriede | 18.4 | 13.1 | 12.7 | 6.1 | |
| 7 | Haken, Jan Teve | Torsholt | 16.2 | 15.5 | 15.3 | 7.6 | |
| 8 | Bruns, Thore | Holtange | 13.1 | 12.5 | 12.2 | 8.8 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|-------------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Luers, Lukas | Roggenmoor | 18.1 | 16.4 | 16.3 | 13.5 | |
| 2 | Martens, Benjamin Lasse | Petersfeld | 16.3 | 14.9 | 14.5 | 3.0 | |
| 3 | Specht, Simon | Hollwege | 15.9 | 14.1 | 13.0 | 11.4 | |
| 4 | Jelschen, Jannis | Hollwege | 14.1 | 13.2 | 12.1 | 9.0 | |
| 5 | Fittje, Ole | Westerscheps | 11.4 | 9.0 | 8.4 | 2.9 | |
| 6 | Brünjes, Florian | Torsholt | 10.8 | 10.4 | 9.7 | 0.7 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Oeltjenbruns, Jonte | Torsholt | 14.2 | 12.5 | 12.0 | 10.2 | |
| 2 | Frerichs, Rick | Roggenmoor | 11.8 | 10.3 | 10.1 | 3.1 | |
| 3 | Frintrop, Daniel | Torsholt | 10.6 | 7.2 | 5.0 | 0.6 | |
| 4 | Pülscher, Till | Roggenmoor | 10.2 | 10.1 | 8.7 | 7.5 | |
| 5 | Haken, Ole | Torsholt | 7.4 | 6.3 | 5.7 | 5.3 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Vogts, Keno | Hollwege | 70.5 | 67.7 | 67.0 | 64.6 | |
| 2 | Hemmjeoltmanns, Finn | Howiek | 40.3 | 32.5 | 31.4 | 29.9 | |
| 3 | Heibült, Jan-Gerd | Hollwege | 40.2 | 40.1 | 39.5 | 35.8 | |
| 4 | Koring, Lars | Hollwege | 39.7 | 35.0 | 34.9 | 33.8 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Fittje, Inka | Westerscheps | 24.4 | 23.4 | 19.2 | 17.0 | |
| 2 | Ahrenholz, Imke | Stapel | 21.4 | 21.3 | 20.1 | 17.4 | |
| 3 | Heibült, Jule | Stapel | 20.5 | 14.5 | 13.9 | 13.8 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|-----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Martens, Andra Sophie | Petersfeld | 30.3 | 29.4 | 29.1 | 27.8 | |
| 2 | Brügge zur, Svenja | Torsholt | 29.2 | 28.0 | 25.3 | 23.7 | |
| 3 | Poplawski, Hiske | Hollwege | 28.2 | 25.5 | 24.8 | 17.8 | |
| 4 | Oltmer, Jacqueline | Hollwege | 27.4 | 27.0 | 25.8 | 18.0 | |
| 5 | Eilers, Daline | Specken | 26.4 | 26.0 | 16.4 | 15.4 | |
| 6 | Bödecker, Aileen | Torsholt | 26.2 | 25.3 | 21.6 | 16.1 | |
| 7 | Köhne, Eileen | Petersfeld | 24.9 | 23.6 | 20.4 | 8.2 | |
| 8 | Cording, Gisa | Torsholt | 21.8 | 19.4 | 17.6 | 15.0 | |
| 9 | Wiechering, Rieke | Leuchtenburg | 20.6 | 18.8 | 16.1 | 12.8 | |
| 10 | Bolte, Lara | Leuchtenburg | 20.0 | 19.2 | 18.9 | 18.8 | |
| 11 | Sprock, Lena | Holtange | 18.3 | 18.1 | 17.1 | 15.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Sommer, Mara | Torsholt | 31.4 | 29.0 | 28.4 | 22.2 | |
| 2 | Dallek, Ronja | Leuchtenburg | 28.4 | 27.8 | 27.7 | 13.8 | |
| 3 | Cording, Finja | Torsholt | 27.0 | 26.4 | 24.4 | 22.7 | |
| 4 | Martens, Zarah Marie | Petersfeld | 25.8 | 23.5 | 23.3 | 18.0 | |
| 5 | Webermann, Neele | Godensholt | 24.8 | 22.5 | 21.7 | 20.5 | |
| 6 | Farho, Juri | Leuchtenburg | 22.6 | 14.5 | 11.5 | 11.4 | |
| 7 | Janssen, Finja | Stapel | 21.5 | 17.7 | 16.2 | 12.7 | |
| 8 | Schröder, Antonia | Specken | 20.5 | 18.9 | 13.4 | 9.3 | |
| 9 | Daniel, Amelie | Godensholt | 20.2 | 18.3 | 18.0 | 16.7 | |
| 10 | Kibe, Emily-Celine | Leuchtenburg | 19.6 | 17.8 | 12.0 | 3.5 | |
| 11 | Eilers, Vanessa | Specken | 19.4 | 19.2 | 19.1 | 8.4 | |
| 12 | Wichering, Alicia | Leuchtenburg | 18.6 | 18.4 | 16.6 | 14.6 | |
| 13 | Ibrahim, Halima | Leuchtenburg | 15.3 | 7.6 | 5.0 | 2.3 | |
| 14 | Solotuschin, Isabell | Leuchtenburg | 13.4 | 11.0 | 10.0 | 9.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|------------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Hobbensiefken, Johanne | Westerscheps | 35.8 | 35.7 | 35.4 | 34.3 | |
| 2 | Dojen-Waldecker, Hanna | Torsholt | 24.4 | 22.9 | 22.0 | 11.7 | |
| 3 | Ehlers, Laura | Torsholt | 22.7 | 19.5 | 10.2 | 7.2 | |
| 4 | Bödecker, Marie | Torsholt | 20.0 | 18.0 | 17.9 | 17.1 | |
| 5 | Cording, Maira | Torsholt | 18.7 | 18.5 | 18.0 | 17.9 | |
| 6 | Rabben, Lenya | Hollwege | 17.7 | 16.4 | 16.0 | 14.7 | |
| 7 | Böckmann, Cecilie | Westerscheps | 17.6 | 17.4 | 13.2 | 12.1 | |
| 8 | Ibrahim, Suham | Leuchtenburg | 16.0 | 15.0 | 13.2 | 7.5 | |
| 9 | Pülscher, Wiebke | Roggenmoor | 13.8 | 13.3 | 12.9 | 10.6 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|-------------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Dojen-Waldecker, Martha | Torsholt | 20.5 | 18.0 | 16.8 | 16.5 | |
| 2 | Sinowzik, Leonie | Benthullen | 18.5 | 15.1 | 12.9 | 11.7 | |
| 3 | Ludewig, Aenne | Westerscheps | 17.4 | 13.6 | 9.1 | 7.4 | |
| 4 | Frerichs, Lana | Roggenmoor | 16.8 | 15.9 | 13.7 | 9.0 | |
| 5 | Martens, Fenna | Hollwege | 12.5 | 12.5 | 12.2 | 12.0 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Oeltjenbruns, Enna | Torsholt | 10.7 | 8.1 | 6.1 | 1.7 | |
| 2 | Böckmann, Zoe | Westerscheps | 8.8 | 6.7 | 6.6 | 3.5 | |

| Pl | Name, Vorname | Verein | Wf1 | Wf2 | Wf3 | Wf4 | Gesamt |
|-----------|----------------------|---------------|------------|------------|------------|------------|---------------|
| 1 | Dunkhase, Marie-Anna | Leuchtenburg | 38.1 | 35.6 | 34.4 | 27.4 | |